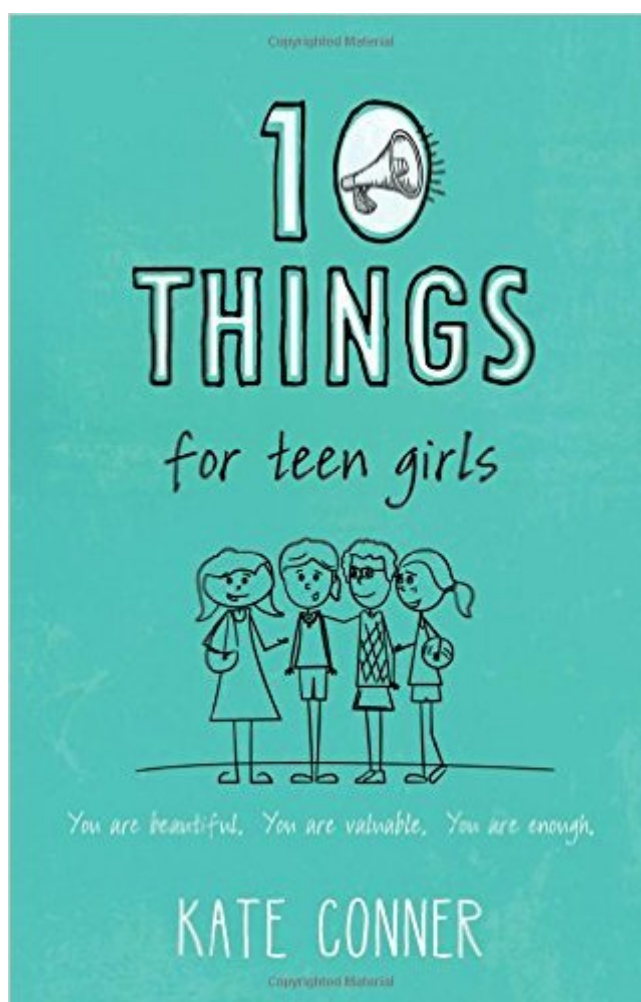


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# 10 Things For Teen Girls



## Synopsis

The world is run by teen girls: parents of teen girls, teachers of teen girls, boys trying to date teen girls, feminists who want to empower teen girls, companies trying to sell things to teen girls, and people who have had it all up to here with teen girls. Chances are if you're reading this, there is a young woman in your life for whom you desire the very best, and *10 Things for Teen Girls* can help with that. Based on student minister Kate Conner's runaway blog post, this book answers a lot of important questions: Why should I follow my heart? Should I care what other people think of me? Why are boys only interested in my body? How do I handle my emotions? Am I beautiful? Am I enough? Teen girls have already heard the typical shtick about how they need to dress modestly, or how they shouldn't care what others think of them, but it doesn't suffice. Rooted in biblical wisdom and interspersed with candid stories of the modern teenage experience, Conner's imparts common (and all too uncommon) sense.

## Book Information

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Average Customer Review: 5.0 out of 5 stars See all reviews (14 customer reviews)

Best Sellers Rank: #163,760 in Books (See Top 100 in Books) #10 in Books > Christian Books & Bibles > Children's & Teens > Teens > Social Issues #14 in Books > Christian Books & Bibles > Children's & Teens > Teens > Values & Virtues #56 in Books > Teens > Personal Health > Self-Esteem

## Customer Reviews

As the father of a teenage daughter, I am increasingly keenly aware of the massive influence her peers and society at large has on her thoughts and actions. From One Direction to the latest clothing fad to the most recent manner by which to twist a positive word into a negative connotation, the parade of pressure on the youth of today to conform to societal norms seems to not want to let up. Thus, I greatly appreciate it when great books come along that are geared towards teenage girls in an effort to clearly delineate the difference between the clamor of society and its

every shifting sands and the firm foundation of biblical truth. Kate Conner's book 10 Things for Teen Girls firmly resides in the category of needed reminders for today's youth of that sound biblical truth. This book had its genesis in a blog post by Conner that went viral, so viral in fact that it received two million views in a span of only two weeks. Recognizing that what she was addressing had hit home, Conner wrote this particular book to further elaborate on the salient points she had discussed in her blog post. In 10 Things for Teen Girls, Conner addresses a wide range of relevant subjects including modesty, the temptation to alter your physical appearance to conform, issues regarding social media, relationship drama, following your passion and dreams, emotions, the need to belong, perceptions, and the need for teenage girls to realize they are beautiful in God's eyes. My wife and I utilized this book as part of our daughter's homeschool reading and bible curriculum. At first our daughter was a bit resistant to read a book she assumed was full of information she already knew.

You are beautiful. You are valuable. You are enough. Those three little phrases are what women, young and old, all long to hear. Yet in this crazy world of hyper-sexualism those words seem to get drowned out by others that begin to erode the very essence of who we were created to be. In 2012 Kate wrote a spur of the moment blog post entitled Ten Things I Want To Tell Teenage Girls. In a short span of time the post went viral. Why? I would guess that it is because it spoke truth to fables that we have been trying desperately to make into reality. What are the 10 things you ask? I'll give them to you: 1. If you choose to wear shirts that show off your boobs, you will attract boys. 2. Don't go to the tanning bed. 3. When you talk about your friends anonymously on Facebook, we know exactly who you're talking about. 4. Newsflash: the number of times you say I hate drama is a pretty good indicator of how much you love drama. 5. Follow your heart is probably the worst advice ever. 6. Never let a man make you feel weak or inferior because you are an emotional being. 7. Smoking is not cool. 8. Stop saying things like, I don't care what anyone thinks about me. 9. Don't play coy or stupid or helpless to get attention. 10. You are beautiful. You are enough. If you're a momma you're probably nodding your head and giving a great big hallelujah! If you're a teen girl, it is quite possible you're rolling your eyes. For both of those very reasons you need to get a copy of each of these books. Read them together. Each chapter in each book coincides with the other book. I know what you're thinking . . . you've already given us the link to the blog post and the list of the 10 things. Why should we get the books?

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